



Mooretown Minor Hockey Association
1166 Emily Street,
Mooretown, ON
N0N 1M0



MOORETOWN MINOR HOCKEY ASSOCIATION
RETURN TO PLAY FRAMEWORK
UPDATED AUGUST 17, 2021



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Purpose

Mooretown Minor Hockey Association (MTMHA) has worked in conjunction with Hockey Canada, The Ontario Hockey Federation, the Township of St. Clair, and consulted to Lambton Public Health Return to Organized Sport and Recreation Plan, to ensure that in every phase of our return the safety of our Players, Coaches, Officials, Administrators and volunteers are at the center of our plan and decision making. This plan focuses on making the return to hockey fluid while enhancing the experience. This document is used for the purposes of the MTMHA only and does not make assertion to hockey programming that falls outside of its jurisdiction.

Disclaimer

The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. The MTMHA and its Board of Directors make no representation and assume no responsibility in respect of their information concerning COVID-19 as the circumstances are constantly changing, and any information on COVID-19 should be obtained from your Public Health Authority.



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The impacts of the COVID-19 outbreak have been felt across Ontario, by families, workers, businesses, and communities. Our hockey family has also felt the impacts of this. COVID-19 has created a unique situation for every person, business, and government body to deal with. While the situation is still evolving, MTMHA continues to work with its partners to prepare for a return to programming with the necessary measures in response to COVID-19.

Our return to play will evolve further to guidelines of the public health authorities, the provincial government, and our governing body, Hockey Canada, and at all times, will follow the guidance of the Ontario Hockey Federation, as well as OMHA. At any point during the progression, we may need to pause or return to a previous stage in order to protect and support our participants and the public.

Two separate meetings with staff of the Moore Sports Complex and board members of the MTMHA have occurred, and coupled with the OHF Return to Play Framework, as well as the Lambton Public Health Unit Return to Organized Sport and Recreation Plan, form the basis for the Return to Play Framework for Mooretown Minor Hockey. We also make reference to the Township of St. Clair Re-opening Plan for the Moore Sports Complex, completed by Township of St. Clair Staff. This return to play guideline will be shared with the Township of St. Clair staff.

This Return to Play program will be made available at all times on the MTMHA webpage (<https://mooretownminorhockey.com/>) under the Risk Management section, as well as electronically distributed to all registered members by way of electronic mail. It will also be posted on our social media platforms. Furthermore, an information session will be scheduled with the membership prior to our season commencing to address questions and concerns.

MTMHA has designated five members of our Board of Directors to oversee activities ensuring public health guidelines are followed:

- 1) Hugh McCowan- President
- 2) Greg Armstrong- VP of Hockey Operations/ Ice Scheduler
- 3) Geoff Dale- VP of Risk Management
- 4) COVID Officer- Derek Gibbs, Charlene Degurse

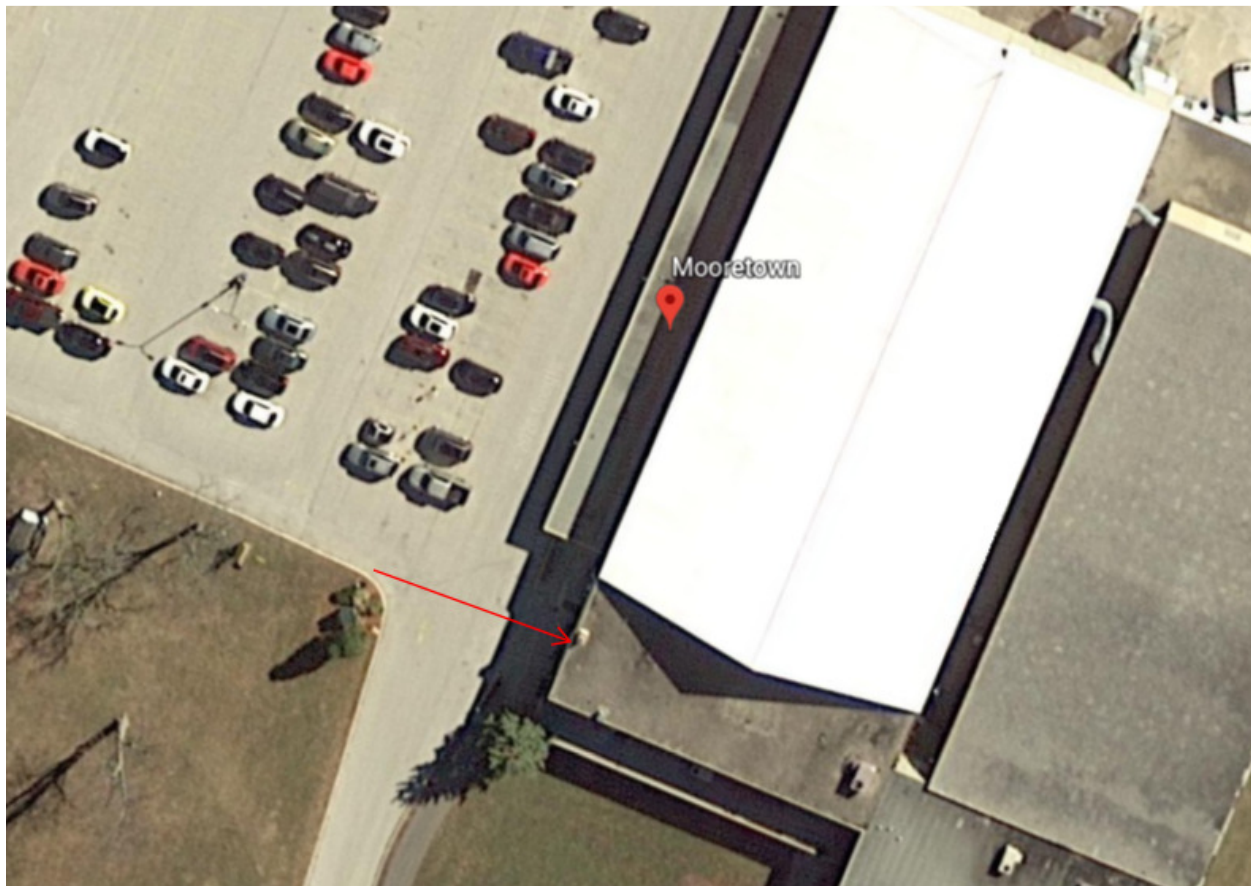
A separate COVID Code of Conduct has been created, and all members are required to complete this code of conduct prior to the season commencing.

Facility Requirements

Participants and spectators are to arrive at the facility a maximum of 20 minutes prior to scheduled icetime. The main entrance to the Moore Sports Complex, as indicated below, shall be utilized for ALL arrivals for MTMHA, regardless of which rink pad is being used. Transportation to and from activities should be arranged so that only members from the same household or social circle share rides.



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Flow through the facility shall be completed at all times using the Moore Sports Complex Re-opening plan, as prepared by the Township of St. Clair. Only the approved entrances and exits shall be used, and one way traffic as mandated by the Township of St. Clair must be adhered to at all times.

All participants must conduct a COVID-19 self assessment prior to arrival at the facility.

The Mooretown Sports Complex will be conducting mandatory screening of all participants who enter the facility. The screener will be stationed inside the facility doors and will meet participants and users as they arrive at the facility. This staff will confirm that screening has been completed, take names and phone numbers to allow for contact tracing. Additional screening including minor self-assessment questions will take place prior to participants and users being granted access to the facility. Participants / users will not be permitted access to the facility if they refuse to conduct these surveys. Participants and users will follow the directional arrows throughout the facility. After staff complete their flood, they will notify the team waiting in the dressing room that the ice is ready by sounding the buzzer.

- Participants are encouraged to avoid touching their eyes, nose or mouth (even if wearing sport gloves).



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- Participants are encouraged to use good respiratory etiquette (i.e., sneezing or coughing into the crook of the elbow, no spitting, no clearing of nasal passages, coughing or sneezing into a tissue and sanitize hands after).
- MTMHA discourages cheering, chanting and yelling as these practices present a high risk of spreading droplets.

A copy of the Township of St. Clair Moore Sports Complex re-opening plan will be posted on the webpage of MTMHA. At all times while within the facility during MTMHA sanctioned activities, aside from ON ICE activities, all spectators and participants must wear a face covering. (All spectators and players must wear a face covering when not on the ice surface). At all times, the face covering must be worn properly, covering the nose, mouth and chin, and in accordance with Lambton Public Health Unit guidelines, unless the person is medically exempt.

Dressing Rooms may only be in accordance with the MSC re-opening plan. To ensure MTMHA's "two deep policy" is adhered to, as well as social distancing, coaches will leave the dressing room doors open AT ALL TIMES, and stand at the entrance to the room, in the hallway. At no times shall the number of allotted persons per room exceed the requirements of the Moore Sports Complex Facility requirements. If the number of participants exceeds the number allowed within the dressing rooms, those participants exceeding the allowed number shall utilize chairs and benches in allotted areas to put on their skates. Participants are to stay in their allotted dressing rooms until their scheduled ice time.

At all times within the facility, the maximum number of spectators shall not exceed the maximum number as set by the Moore Sports Complex Re-opening Plan.

At all times within the facility, social distancing of a minimum of 2 metres must be maintained. COVID Officers and facility staff will be monitoring this as required.

MTMHA encourages participants to bring their own equipment to the facility. Wherever possible, limit the use of shared equipment unless participants engaged in the same activity are from the same household or social circle. Participant-owned equipment, including sport gloves, should be visibly clean, and shall be cleaned and disinfected between uses. All equipment must be clearly labelled with the participants name.

If a participant requires first aid, this shall be administered using appropriate personal protective equipment, including a mask and gloves.

Failure to comply with the facility requirements, or the requirements of the MTMHA COVID Code of Conduct, and MTMHA Return to Hockey Plan may result in disciplinary action in accordance with the Discipline Policy of MTMHA. Such action may result in the member losing the privileges which come with membership in MTMHA, including the opportunity to participate in MTMHA activities and events, both present and future.



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Mooretown Minor Hockey Association (MTHMA) COVID-19 Procedures

The MTHMA is committed to:

- Providing a healthy and safe hockey environment for players, families, and volunteers.
- Taking every reasonable precaution to prevent the transmission of COVID-19

This guideline has been developed to guide MTHMA and its members regarding the steps that must be taken to protect the membership and in the event of a confirmed COVID-19 case.

Management of a confirmed COVID-19 case in the MTHMA membership community:

- Any individual who tests positive for COVID-19 should not attend any MTHMA events until they are cleared by their local Public Health Unit or health care provider.
- Any individuals who test positive must remain in isolation for 14 days. Retesting is not recommended and will not alter this 14-day isolation requirement.
- The local Public Health unit will notify the school of a positive COVID-19 diagnosis. Where the local Public Health unit determines there was a transmission risk to others within the MTHMA, the memberships will be assessed to determine if they were at high risk of exposure (requiring isolation) or if they were at low risk of exposure (can self-monitor for symptoms and return to play).
- All MTHMA membership to be deemed at high risk of exposure will be directed to isolate and recommended to be tested (voluntary testing) within their isolation period.
- Negative test results do not change the requirement for isolation, nor do they shorten the isolation period for close contacts.



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Three Potential Scenarios with Protocols and Responsibilities:

SCENARIO A:

Should a member test positive for COVID-19

Recommended action by coaches and team staff:

- Continue providing membership with teaching a direction for hockey.
- Continue to monitor their direct membership and themselves for symptoms
- Notify MTMHA executive members:
 - volunteer@mooretownminorhockey.com Charlene Degurse
 - fundamentalhockey@mooretownminorhockey.com Derek Gibb
 - riskmanagement@mooretownminorhockey.com Geoff Dale

Recommended action by MTMHA executive:

- Follow Public Health unit protocol for outbreaks if necessary
- Communicate with MTMHA membership as appropriate
- Ensure student and sibling(s) portfolio information (that is, class list, seating charts, transportation
- Monitor membership population for new and additional illnesses and symptoms

Recommend action by, parent or member:

- Communicate regularly with the coach and or executive
- Follow the advice of a health provider and/or Public Health unit on isolation protocol

Return to play:

- While an individual suspected to have COVID-19 is waiting for test results they must be in isolation and cannot attend any MTMHA event in person.
- Individuals who have a COVID-19 test because of symptoms, but who test negative should not return to play until at least 24 hours after their symptoms have resolved.
- Individuals who have traveled out of the country should isolate for 14 days.
- Where a member has tested positive for COVID-19, the local Public Health Unit will be in contact with MTMHA executive to provide further direction regarding the return to play.



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Management of illness:

- Anyone providing care to the ill individual should maintain as much physical distance as possible;
- An MTMHA member or parent/guardian should immediately inform the coach and, if able, leave the premises and report to the local COVID-19 Testing Site. The coach should notify an MTMHA executive member.
- The person caring for the individual should wear a surgical/procedural mask and eye protection;
- If tolerated, the ill individual should also wear a surgical/procedural mask; Hand hygiene and respiratory etiquette should be practiced while the ill individual is waiting to be picked up;
- Cleaning of the areas of the arena where the ill individual was should be conducted as soon as reasonably possible after the ill individual leaves;
- Advise the ill individual and/or their parent or guardian to have the ill individual seek medical advice, including the recommendation of testing for COVID-19 as appropriate or as advised by their medical provider.
- Regular MTMHA functions can continue unless directed otherwise by the local public health unit

SCENARIO B:

A member becomes ill during an MTMHA event

Recommended action by coaches and team staff:

- Be aware of symptom descriptions and alert the executive if a member is ill
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 - fundamentalhockey@mooretownminorhockey.com Derek Gibb
 - riskmanagement@mooretownminorhockey.com Geoff Dale
- Continue to monitor members and themselves for symptoms.
- Coordinate immediate pick-up and designate an area to isolate the member until the parent/guardian arrives.

Recommended action by MTMHA executive:

- Help to coordinate immediate student pick-up and designate an area to isolate the member until parent/guardian arrival
- Advise the member to remain at home and complete self-screening
- Monitor member population for possible new/additional illnesses



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- Report to the Health Unit if necessary

Recommended action by parent and member

- The parent and student should: Follow the guidance of health care provider
- If a student is tested for COVID-19, follow the guidance of health care provider and related direction for isolation and returning to school.
- If there are other siblings or members of the household that attend MTMHA, advice of the health care provider should be followed on returning to MTMHA events.

SCENARIO C:

Scenario: Parent/guardian tests positive for COVID-19 This scenario applies to anyone who shares a household with a member of the membership community.

- If a parent/guardian receives a positive test for COVID-19, they are not obligated to inform the MTMHA executive or coaching staff of their test result. However, it is **strongly recommended**.
- Children in a household where a parent/guardian or other member has tested positive should stay home and isolate for 14 days.
- The Public Health unit would provide direction to close contacts, including household members of a person diagnosed with COVID- 19.
- The Public Health unit would provide direction to the MTMHA on the actions to be taken with the organization, depending on the circumstances of the positive COVID-19 case. Note: Testing recommendations are made by an individual's health care provider and the Public Health Unit.

Recommended action coaches team staff:

- If a member is in the arena or at an MTMHA event when notified by the parent/guardian, coordinate immediate pickup and designate an area to isolate the member until pickup
- Notify MTMHA executive members:
 - volunteer@mooretownminorhockey.com Charlene Degurse
 - fundamentalhockey@mooretownminorhockey.com Derek Gibb
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- Continue to providing membership with coaching a direction for hockey



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Recommended action for MTMHA executive:

- If a member is in the arena or at an MTMHA event when notified by the parent/guardian, coordinate immediate pickup and designate an area to isolate the member until pickup
- Ask that the member follow the direction of their health care provider and Public Health Unit
Note: Be prepared to provide this information to Public Health Unit upon request
- Follow Public Health unit directions regarding next steps
- Ensure/coordinate environmental cleaning and/or disinfection of the space and items used by the individual(s)
- Monitor the MTMHA population for new/additional illness

Public health officials continue to provide the following helpful direction:

- *Take possible COVID-19 symptoms seriously - anyone who is sick needs to stay home and anyone who has COVID-19 symptoms or has been in close contact with someone who has tested positive for COVID-19, should first [self-isolate](#) and then use [Ontario's Self-Assessment Tool](#) to see if they need to seek further care.*
- *Strictly adhere to social circles, and constantly practice hand hygiene, physical distancing, masking, and use the COVID Alert App and;*
- *Be sure to:*
 - *Clean your hands frequently with soap and water or an alcohol-based hand rub.*
 - *Cover your mouth and nose with a tissue when you cough or sneeze, then clean your hands.*
 - *If you don't have a tissue, sneeze or cough into your sleeve and then clean your hands.*
 - *Avoid touching your eyes, nose or mouth, unless you have just cleaned your hands.*
 - *Avoid contact with people who are sick.*
 - *Get your flu shot.*



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